



# 6th Annual Grace Oughton Memorial

## 5K Run/Walk, Kid's 1-Mile Fireman Chase, Rookie Run, and Extreme Firefighter's 1-Miler

**Patriot Park - Spotsylvania, VA - September 11<sup>th</sup>, 2011**

**5K at 8:30 am, Rookie Run at 9:30 am, Fireman Chase at 9:40 am, and Extreme Firefighter 1-Miler (in gear, on air) at 10:20**

The Grace Oughton Cancer Foundation was founded in January 2006 in order to support the family and health care needs of Grace as she fought a rare and deadly form of cancer. While Grace's valiant fight against Neuroblastoma ended in October of 2007, the dream to help other children fighting cancer did not die. Families suffer financial hardships from insurance denials, travel challenges and expenses, excessive time away from work, and lost wages. More importantly their family endures stresses that are devastating. Simply keeping the family together is a monumental struggle. **The GOCF has the vision to help families in our area conquer all of these challenges through the development of a full-service pediatric field clinic here in our region.** This will become a reality, but we can't do it without your help. Please participate to help kids in your community. The Grace Oughton Cancer Foundation is a non-stock corporation registered with the Commonwealth of Virginia's State Corporation Commission and is a 501(c)3 tax-exempt charitable organization. Our Federal Tax ID number is 20-5721036.

Online: [www.racetimingunlimited.com](http://www.racetimingunlimited.com) or

### Registration:

Mail Registration Form to:

**The Race for Grace, 9406 Onyx Ct., Fredericksburg, VA 22407**

<b>Fees:</b>	<u>5K Run/Walk</u>	<u>Fireman Chase</u>	<u>Rookie Run</u>	<u>XF1-Miler</u>
Please make all checks payable to the GOCF with "Race for Grace" in the memo line	\$25 Until August 21 <sup>st</sup> \$30 Aug 21 – Sep 10 \$35 Day of Event	\$15 Until August 21 <sup>st</sup> \$18 Aug 21 – Sep 10 \$20 Day of Event	\$10 Until August 21 <sup>st</sup> \$12 Aug 21 – Sep 10 \$15 Day of Event	\$25 Until August 21 <sup>st</sup> \$30 Aug 21 – Sep 10 \$35 Day of Event
<b>Packet Pick-Up:</b> Patriot Park Amphitheater	September 10 <sup>th</sup> 4:00 pm – 7:00 pm		Race Day 7:00 am – 8:30 am	
<b>Timing:</b>	Chip-Timing for 5K, for "Chase" participants ages 5+, and firefighters participating in the XF1-Miler by Race Timing Unlimited Official results will be provided to all chip-timed participants.			
<b>Courses:</b>	<b>Certified 5k Course</b> – Paved Path, Hard Dirt, Grass, & Gravel <b>1 Milers</b> - Wheel Measured – Paved Path <b>Rookie Run</b> – 300 yd - Grass			
<b>Start:</b>	Near Patriot Park Amphitheater <b>5k @ 8:30a</b> <b>Rookie Run @ 9:30a</b> <b>Fireman Chase @ 9:40a</b> <b>XF1-Miler @ 10:20a</b>			
<b>T-Shirts:</b>	Those registered by August 21st will receive a shirt. Others, while supplies last.			
<b>Awards:</b>	<b>5k Awards:</b> Overall Female/Male and Top 3 in Each: -13, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+ <b>Fireman Chase and Rookie Run Awards :</b> All Participants <b>XF1-Miler:</b> Top 3 Female and Top 3 Male			

For More Information, Call Alec at 804-873-2067 or 888-900-GOCF (4623)



2011 Registration Form

Circle One: 5k Run/Walk - Fireman Chase (1 Mile) - Rookie Run (300yd) - XF1-Miler

Name:		Sex:	
Street:		Date of Birth:	
City, State, Zip		Phone	
Email		**School Affiliation for \$500 Prize:	
Adult T-Shirt Size: S M L XL XXL		Youth T-Shirt Size ("T" Sizes for Rookie Run Only): 2T 3T 4T S M L	

Registration Amount Enclosed: \$
Tax Deductible Donation Amount: \$
Total: \$

Waiver and Release

I, the undersigned, know that running or walking a road race is a potentially hazardous activity and I should not enter any of the Grace Oughton Cancer Foundation running/walking events unless I am medically able and properly trained. I assume all risks associated with participating in the event including, but not limited to, medical events, falls, contact with other participants, the effects of weather, traffic, and road conditions. All such risks are known and appreciated by me. I agree to abide by any decision of race officials relative to my ability to safely compete in any event. I have read this waiver and understand these factors. I, and anyone entitled to act on my behalf, waive, release, and indemnify the organizers, their agents and representatives, sponsors, and others from all claims or liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission to all foregoing to use any photographs, videos, recordings, or any other record of this event for any legitimate purpose. I understand that strollers are permitted in the 5K and Fireman Chase only and will start in the back. I further understand that no rollerblades, skates, bikes, skateboards, or pets of any kind are permitted in any of the events. I agree that if I fail to return the timing chip, I will be charged \$25 by Race Timing Unlimited to replace it.

Signature (Parent or Guardian Must Sign if Under 18 Years Old)

Date